

Differential Diagnosis

Skin Lesions on Shin

Skin Rash of Systemic Diseases

Erythema Nodosum



- Symmetrical, erythematous, tender nodules
- Heal without scarring
- Common causes –
 - Streptococcal infections
 - Sarcoidosis
 - Inflammatory bowel disease
 - Drugs - Penicillins, Sulphonamides or OCPs

Pretibial Myxoedema



- Symmetrical, erythematous lesions
- In Graves' disease
- Appearance - Shiny, orange peel skin

Pyoderma Gangrenosum



- Initially, a small red papule
- Later on - Deep, red, necrotic ulcer with violaceous border
- Causes -
 - Idiopathic - 50% cases
 - Inflammatory bowel disease
 - Connective tissue disorders
 - Myeloproliferative disorders

Necrobiosis lipoidica diabeticorum



- Shiny
- Painless
- Yellow-red lesions, typically on the shin
- In diabetics
- Often associated with telangiectasia



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